

Course Title

COUNTERBALANCE (Eco10)

Course Overview

This course will provide delegates with the necessary training to prepare and safely operate Fork Lift trucks and to obtain the relevant operator's license.

Training will be a combination of classroom based tutorials and practical machine operation. Candidates will be assessed through theory and practical tests.

Who Should Attend

This course is designed to provide delegates with the necessary training to prepare and safely operate a Fork Lift truck and to obtain an Operator's licence.

Other Requirements (e.g. Equipment needed)

The delegates must be age 17 or over.

Any delegates with special needs should alert these to the company prior to attending training e.g dyslexia to allow time for the necessary arrangements to be put in place.

Course Content

This course involves both practical and theoretical sessions. It will focus on:

- The Health and Safety at Work Act 1974.
- Operator's safety code.
- Principles of lifting and stability.
- Daily checks, battery care, hydraulic systems.
- Operating, maneuvering and steering procedures.
- Stacking and de-stacking loads at various heights.
- Loading and unloading lorries.
- Practical operations.
- Assessment and correction of faults.

Course Outcome

On successful completion of all parts of the course (practical, pre-use and written) candidates will receive a certificate and copies of all course paperwork demonstrating that the necessary standards have been met. Delegates may at further cost register their training award with ITSSAR.

Awarding Body: Independent Training Standards Scheme and Register (ITSSAR).

Course Durations

To allow EcoSafety provide the correct type of course and to comply with legislation and best practice it is important that prospective clients note the following as guidance;

- Novice operator (someone that has no previous experience of operating Fork Lifts)-requires a five day course
- Experienced operator (someone who has operated Fork Lifts but has never been trained or assessed)-requires a three day course
- Refresh and Test (someone who has been trained and tested and can provide documentary evidence prior to the course start)-requires a one day course