

Course Title	Course Duration
WORKING AT HEIGHTS AWARENESS – SAFE USE OF LADDER & STEP LADDERS (Eco24)	1/2 DAY

Course Overview
Falls from height are the number one cause of workplace deaths and one of the main causes of major injury in the workplace. Almost a third of falls are from ladders. This Safe use of Ladders & Step Ladders Training Course covers the legislation from the Work at Height Regulations 2005. It provides staff with the general safety awareness needed for safe selection, inspection and use of ladders.

Who Should Attend
Those who use frequent users of ladders & stepladders in the course of their daily duties

Other Requirements (e.g. Equipment needed)
Students must be physically fit.

Students to bring along all Personal Protective Equipment issued to them by their employer for working at heights.

Course Content
This course involves both practical and theoretical sessions. It will focus on:

- Legislation and Regulations affecting Working at Height
- Product standards and classification for ladders and stepladders
- Hazards affecting the use of ladders and stepladders
- Planning and Organizing
- Assessing risks
- Inspection and Records
- Storage, Handling and Maintenance

Course Outcome
EcoSafety Certificate issued on course completion.



EcoSafety
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