

Course Title	Course Duration
ITC Certificate in First Aid at Work Refresher SCQF Level 5	2 DAYS

Course Overview

This course is designed to refresh the initial training delegates received with the essential basic skills and knowledge required to administer emergency first aid at work. To be provide awareness of the recording and reporting requirements for all accident and essentially what process to follow in the case of an emergency.

Who Should Attend

Any individual within the organization who needs to renew their existing 3 day First Aid at work certificate.

Other Requirements (e.g. Equipment needed)

Candidates are asked to wear suitable clothing as the course contains a degree of practical exercises which all delegates will participate with.

Any delegates with special needs should alert these to the company prior to attending training e.g dyslexia to allow time for the necessary arrangements to be put in place.

Candidate must be 16 years if age or over.

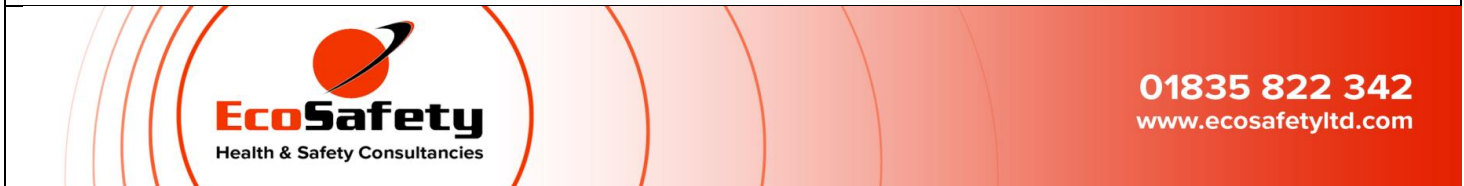
Course Content

This course involves both practical and theoretical sessions. It will focus on:

- The role of the first aider
- Contents of the first aid kit
- Recording of incidents and accidents
- Assessing a situation in an emergency
- Administering first aid to a casualty who is unconscious, needing CPR, choking, wounded or bleeding, who is in shock or who has minor conditions (burns, scalds, splinters etc).
- Administer first aid to a casualty with injuries to bones or muscles, joints including suspected spinal injuries: suspected poisoning: burns and scalds; eye injuries; anaphylactic shock.
- Recognise the signs of major illnesses and provide appropriate first aid treatment such as heart attack stroke, epilepsy, asthma and diabetes.

Course Outcome

Successful delegates will receive an SQA accredited first certificate issued by ITC First Aid which is valid for a three year period.



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